

Psychology Online ADHD Resources for Students, Parents and Educators

The psychology department at the DPCDSB has curated some online resources about ADHD. This list includes reputable sources that provide general information on ADHD and recommendations to support individuals with ADHD.

1. **Centre for ADHD Awareness, Canada** <u>CADDAC</u>. CADDAC is a national charity providing leadership in awareness, education, and advocacy for ADHD across Canada. The website provides information & resources for students, parents and teachers on topics related to ADHD (e.g., Classroom Accommodations, Transitioning to Post-Secondary Education for Students with ADHD Toolkit, etc.).

^{***} Please note this list was created in February of 2025 and the online links will not be current indefinitely. Psychology staff are available for ongoing consultation as needed. ***

Dufferin-Peel Catholic District

Psychology Department

ADHD. His <u>website</u> has many fact sheets and YouTube videos and links to books on ADHD.

9. Dr. Liz Angoff is a Licensed Educational AMC6nIPTEMCr0 f/Link mand ink N(r)oo(k)